

# अखिल भारतीय आयुर्विज्ञान संस्थान, गुवाहाटी All India Institute of Medical Sciences, Guwahati

(An Autonomous Body under the Ministry of Health & Family Welfare, Govt. of India)



## Swasth Nari, Sashakt Parivar Abhiyaan

17th September 2025 to 2nd October 2025



# Contents

S. No.	Event	Page No.
1.	Introduction	3
2.	Inauguration	4
3.	Event Calendar	7
4.	Co-ordinating Team and Activities	8
	Activities conducted on Day 1: 17 <sup>th</sup> September 2025	9
	Activities conducted on Day 2: 18 <sup>th</sup> September 2025	10
	Activities conducted on Day 3: 19 <sup>th</sup> September 2025	12
	Activities conducted on Day 4: 20 <sup>th</sup> September 2025	14
	Activities conducted on Day 5: 21 <sup>st</sup> September 2025	15
	Activities conducted on Day 6: 22 <sup>nd</sup> September 2025	16
	Activities conducted on Day 7: 23 <sup>rd</sup> September 2025	17
	Activities conducted on Day 8: 24 <sup>th</sup> September 2025	18
	Activities conducted on Day 9: 25 <sup>th</sup> September 2025	19
	Activities conducted on Day 10: 26 <sup>th</sup> September 2025	21
	Activities conducted on Day 11: 27 <sup>th</sup> September 2025	22
	Activities conducted on Day 12: 28 <sup>th</sup> September 2025	24
	Activities conducted on Day 13: 29 <sup>th</sup> September 2025	25
	Activities conducted on Day 14: 30 <sup>th</sup> September 2025	26
	Activities conducted on Day 15: 1 <sup>st</sup> October 2025	27
	Activities conducted on Day 16: 2 <sup>nd</sup> October 2025	27
5.	Footfall	28
6.	Media Coverage	29
7.	Conclusion	32

# Introduction

AIIMS Guwahati actively participated in the nationwide campaign **“Swasth Nari, Sashakt Parivar Abhiyaan (SNSPA)”**, a flagship initiative of MoHFW in convergence with MoWCD, inaugurated by the Hon’ble Prime Minister of India, Shri Narendra Modi, on his 75th birthday.

Organised from **17th September to 2nd October 2025**, the Abhiyaan at AIIMS Guwahati covered Ayushman Arogya Mandirs, CHCs, PHCs, District Hospitals and other facilities across Assam, reaching both urban and rural communities. The campaign focused on **women-centric preventive, promotive, and curative services**, including screening for NCDs, anaemia, tuberculosis, and sickle cell disease, along with promotion of **maternal, child, and adolescent health** through ANC, immunisation, nutrition, menstrual hygiene, lifestyle and mental health awareness.

Through a **multidepartmental collaborative effort**, AIIMS Guwahati mobilised communities towards **healthy lifestyle practices**, emphasising obesity prevention, improved nutrition, and voluntary blood donation, thus contributing to the goal of **empowering women and strengthening families**.

# Inauguration



On **17th September 2025**, Hon'ble Prime Minister **Shri Narendra Modi** launched the “**Swasth Nari, Sashakt Parivar Abhiyaan (SNSPA)**” along with the **8th Rashtriya Poshan Maah** from **Dhar, Madhya Pradesh**, in the presence of the Chief Minister of Madhya Pradesh, **Dr. Mohan Yadav**.

Jointly led by **MoHFW** and **MoWCD**, the Abhiyaan is India's **largest health outreach for women and children**, with over **10 lakh health camps** organised between **17th September and 2nd October 2025** across government health facilities. It focuses on **screening and treatment linkages** for NCDs, anaemia, tuberculosis, and sickle cell disease, while strengthening **maternal, child, and adolescent health** through ANC, immunisation, nutrition, menstrual hygiene, mental health, and lifestyle awareness.

The Prime Minister emphasised that “**Nari Shakti is the main Aadhar of Rashtra Pragati**”, reaffirming the commitment to reduce maternal and infant mortality and ensure **women-led development** under **Viksit Bharat @2047**.



# Inauguration

Following the nationwide launch of the “**Swasth Nari, Sashakt Parivar Abhiyaan (SNSPA)**” by the Hon’ble Prime Minister of India, Shri Narendra Modi, the campaign was inaugurated at **AIIMS Guwahati** on **17th September 2025** by **Shri Dilip Saikia, Hon’ble Member of Parliament, Darrang-Udalguri, Assam**, in the august presence of **Prof. (Dr.) Ashok Puranik, Executive Director, AIIMS Guwahati**, Dr. Brian Shunyu, Medical Superintendent, AIIMS Guwahati, Dr. Manasi Bhattacharya, Dean Academics, AIIMS Guwahati and nodal officers, Dr. Saswati Tripathy and Dr. Himashree Bhattacharyya.

The inaugural event was attended by Shri Dilip Saikia, Hon’ble Member of Parliament, Darrang, who reaffirmed the government’s vision of a Viksit Bharat by 2047. He spoke about key initiatives such as LPG distribution and the opening of over 50 crore bank accounts for women, stating, “Healthy women build healthy families, and healthy families build a strong nation.”

The event marked the formal commencement of the Abhiyaan in Assam, underscoring the Government of India’s commitment to strengthening women’s and children’s health services. Both dignitaries highlighted the importance of preventive and promotive healthcare, early screening for common diseases, and active community participation in building a healthier society.





# Events Calendar

Date	Activity	Venue	Departments
17/09/25 (Wednesday)	INAUGURATION Health Screening in OPD	AIIMS Guwahati	
18/09/25 (Thursday)	Health Screening Camp  Blood Donation Camp	Bezera CHC  AIIMS Guwahati	Obstetrics and Gynaecology Community and Family Medicine  Transfusion Medicine
19/09/25 (Friday)	Health Screening Camp Gynaecological Cancer Awareness Programme	Rangia CHC AIIMS Guwahati	General Medicine Obstetrics and Gynaecology
20/09/25 (Saturday)	ENT & Oral Health Screening Camp	Kamalpur PHC	ENT & Dentistry
21/09/25 (Sunday)	Health Screening for Female Staff	AIIMS Guwahati OPD	General Medicine, Obstetrics and Gynaecology, Physiology and Nursing College
22/09/25 (Monday)	Health Awareness Program	AIIMS Guwahati OPD	General Medicine, Obstetrics and Gynaecology, Physiology and Nursing College
23/09/25 (Tuesday)	Ayurveda Prakriti Parikshan and Yoga for female Health Programme	AYUSH Building AIIMS Guwahati	AYUSH
24/09/25 (Wednesday)	Poshan Maah Nutrition Awareness	AIIMS Guwahati	Community and Family Medicine, Dietary Unit, Paediatrics
25/09/25 (Thursday)	Mental Health Screening & Awareness  Awareness Programme on Menstrual Hygiene, Adolescent Nutrition and Stress Management	Salmara AAM  Kendriya Vidyalaya (IIT Guwahati)	Psychiatry Community and Family Medicine  Obstetrics and Gynaecology, Psychiatry
26/09/25 (Friday)	Health Screening Camp	AIIMS Guwahati OPD	General Medicine, Obstetrics and Gynaecology, Physiology and Nursing College
27/09/25 (Saturday)	Oral health screening and awareness camp  SAMPADA	Bezera CHC  AIIMS Guwahati	ENT, Dentistry & Community and Family Medicine  Pediatrics
28/09/25 (Sunday)	Health screening in OPD for Nursing Female Students	AIIMS Guwahati OPD	General Medicine, Obstetrics and Gynaecology, Physiology and Nursing College
29/09/25 (Monday)	Nikshay Mitra Enrollment Drive	AIIMS Guwahati OPD	Pulmonary Medicine & Community and Family Medicine
30/09/25 (Tuesday)	Health Screening Camp	Changsari State Dispensary	General Medicine, Ophthalmology & Obstetrics and Gynaecology
01/10/25 (Wednesday)	Health Screening in OPD	AIIMS Guwahati OPD	General Medicine, Obstetrics and Gynaecology, Physiology and Nursing College
02/10/25 (Thursday)	Health Screening in OPD for UG students	AIIMS Guwahati OPD	General Medicine, Obstetrics and Gynaecology, Physiology and Nursing College



## Key Co-ordinators

The Nodal Officers for the campaign were Prof. (Dr.) Saswati Tripathy and Dr. Himashree Bhattacharya.

## Daily Activities at AIIMS Guwahati

AIIMS Guwahati conducted a comprehensive range of activities to provide holistic healthcare services and actively engage with the community. These included patient consultations, preventive health screenings, health education sessions, wellness and lifestyle counselling, nutritional guidance, and maternal-child health services. Health screenings covered general check-ups, blood tests (including hemoglobin and blood sugar), women's health services such as cervical and breast cancer screening, antenatal and postnatal care, as well as child and adolescent assessments for growth, anaemia, and nutrition. Chronic disease monitoring for diabetes, hypertension, and cardiovascular risk was routinely performed. Additional services included eye and dental check-ups, lifestyle counselling on diet, exercise, sleep, and stress management, awareness on adverse drug reactions, and vaccination compliance. The institute also organised interactive sessions, workshops, and community outreach programs to promote early detection, preventive care, healthy lifestyles, and overall well-being among individuals and families in Assam and neighbouring regions.



## Activities conducted on Day 1: 17<sup>th</sup> September 2025

### Inauguration & Initiation of Health Screening

The Abhiyaan was inaugurated at **AIIMS Guwahati**, marking the formal launch of the campaign. During the ceremony, **health screening kiosks** were inaugurated to initiate community health assessments. Faculties of nursing college and CDEIC personnels facilitated the event, setting the stage for ongoing preventive healthcare activities.





## Activities conducted on Day 2: 18<sup>th</sup> September 2025

### Health Screening at Bezera CHC

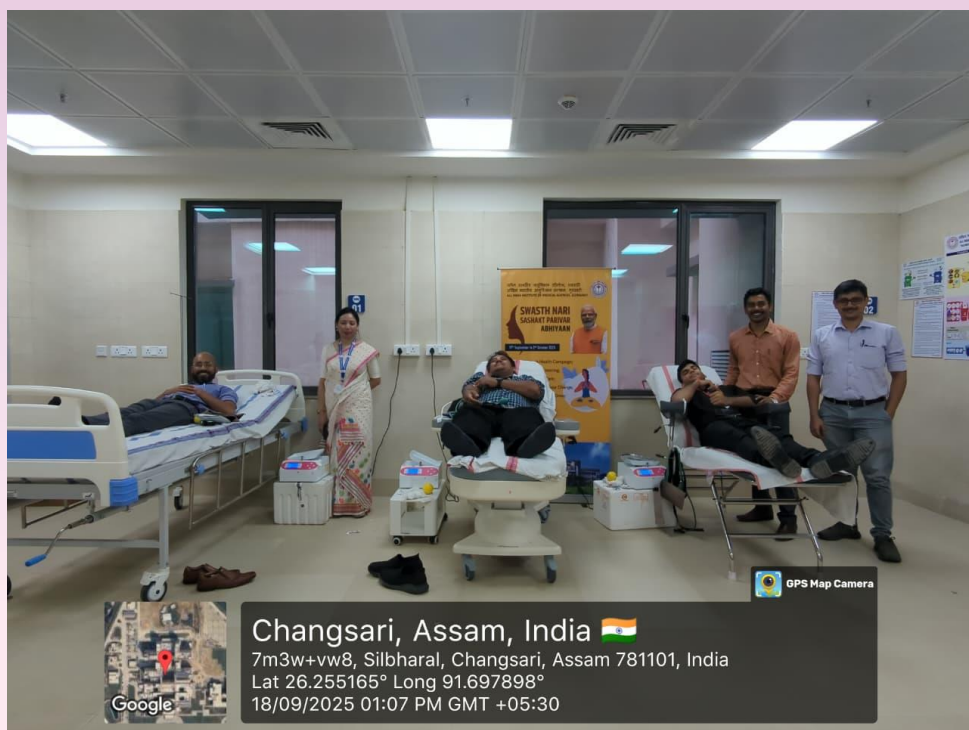
Comprehensive **health screening** and cancer awareness programs were conducted at **Bezera CHC** and **GMCH**. Teams from **OBG and CFM**, led by Dr. Purabi Phukan and Dr. Lungan Rongmei, screened participants, promoted health check-ups, and encouraged community engagement in preventive health and voluntary blood donation.



## Activities conducted on Day 2: 18<sup>th</sup> September 2025

### Blood Donation Camp

A voluntary **blood donation camp** was conducted at **AIIMS Guwahati**. The blood donation camp was organised by the **Department of Transfusion Medicine** under **Dr. Gopal Ray**. A total of 60 donors volunteered at the blood donation camp.





## Activities conducted on Day 3: 19<sup>th</sup> September 2025

### Community Health Screening at Rangia CHC

Health screening was conducted at Rangia CHC by the **General Medicine and OBG** team, headed by **Dr. Bhupen Barman**, providing preventive assessments and counselling for the community.





## Activities conducted on Day 3: 19<sup>th</sup> September 2025

### Gynaecological Cancer Awareness Program

A gynaecological cancer awareness program was organised at **AIIMS Gynaecology OPD** by the **OBG department**, led by **Dr. Amrita Datta**, offering free screening services and educational sessions on early detection of gynaecological cancers.



## Activities conducted on Day 4: 20<sup>th</sup> September 2025

### ENT & Oral Health Screening

An integrated **ENT and oral health screening camp** was conducted alongside OPD screening at **Kamalpur PHC**. Led by Dr. Krishna Biswas and Dr. Pallavi, the **ENT and Dentistry teams** assessed participants, provided preventive care advice, and raised awareness on oral and ENT health, ensuring early detection and referral where needed.





## Activities conducted on Day 5: 21<sup>st</sup> September 2025

### Female Staff Health Screening

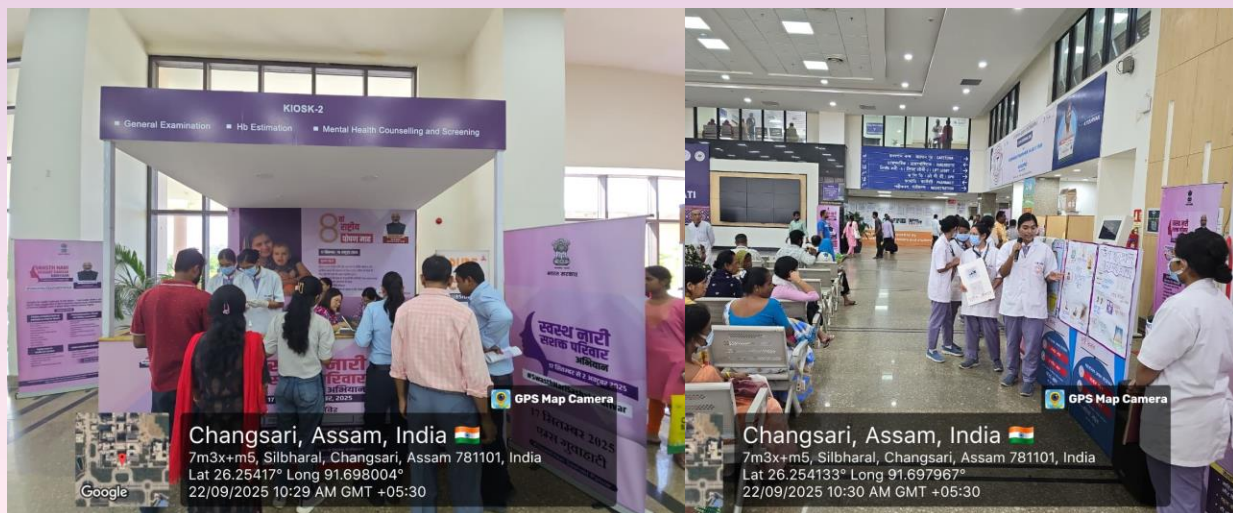
Health screening for **female staff** at **AIIMS Guwahati OPD** was conducted by the **Nursing Department**, coordinated by Ms. Nabanika. Nursing officers and students provided preventive health checks, counselling, and health education, focusing on lifestyle, nutrition, and wellness practices to maintain staff health and wellbeing within the institution.



## Activities conducted on Day 6: 22<sup>nd</sup> September 2025

### Health Awareness & Screening

Health screening in OPD and awareness programs were conducted at AIIMS Guwahati. The program included preventive health check-ups, counselling, and health education sessions on maternal and child health, nutrition, and lifestyle practices, targeting both students and community members.





## Activities conducted on Day 7: 23<sup>rd</sup> September 2025

### Ayurveda Prakriti Parikshan and Yoga for Female Health Programme

A **yoga training camp** was organised at the **Ayush Building, AIIMS Guwahati**, promoting wellness and healthy lifestyle practices among staff and community participants.



## Activities conducted on Day 8: 24<sup>th</sup> September 2025

### Poshan Maah & Nutrition Awareness

Health screening and **nutrition awareness under Poshan Maah** were conducted at **AIIMS Guwahati** by **CFM, Dietary Unit, and Pediatrics** teams. Led by Dr. Rashmi Agarwalla, sessions focused on maternal and child nutrition, dietary counselling, preventive healthcare, and awareness on balanced nutrition, targeting community members and caregivers attending the OPD.





## Activities conducted on Day 9: 25<sup>th</sup> September 2025

### Mental Health Screening & Awareness

OPD health screening combined with **mental health awareness** was organised at **Salmara AAM** by **Psychiatry and CFM teams**, led by Dr. Pranjal Dey. Participants were provided counselling, early mental health assessment, and educational sessions promoting psychological wellbeing, stress management, and overall health awareness in the community.





## Activities conducted on Day 9: 25<sup>th</sup> September 2025

### Awareness Program

An awareness programme on **menstrual health**, **adolescent nutrition** and **stress management** was organised at **Kendriya Vidyalaya, IIT Guwahati**, for **adolescent girls** by the **OBG and Psychiatry team**, headed by **Dr. Saswati Tripathy**, providing educational sessions, counselling, and free screening services.





## Activities conducted on Day 10: 26<sup>th</sup> September 2025

### Health awareness and Screening

**Health screening** was conducted at **AIIMS Guwahati OPD** by the **Nursing Department**, including preventive check-ups, counselling, and health education for staff and community members visiting the hospital. Free Bone Mineral Density screening was conducted by Orthopedics team.





## Activities conducted on Day 11: 27<sup>th</sup> September 2025

### Oral Health and Awareness Camp

Health camp and awareness sessions was conducted at **Bezera CHC**. Led by **ENT, Dentistry, and CFM teams**, participants received comprehensive assessments, counselling, and educational sessions promoting maternal health, oral and ENT care, and awareness on child health and nutrition.





## Activities conducted on Day 11: 27<sup>th</sup> September 2025

### **SAMPADA- Strength, Aspiration, Mother's Resilience, Progress, Acceptance, Determination & Affection**

A special programme dedicated to empowering parents, especially for mothers of children with neurodevelopmental disorders, was organised at **AIIMS Guwahati** by the **Department of Pediatrics**. The program included interactive sessions on child nutrition, maternal health, dietary counselling, and preventive care through a blend of scientific sessions and fun filled relaxation activities.



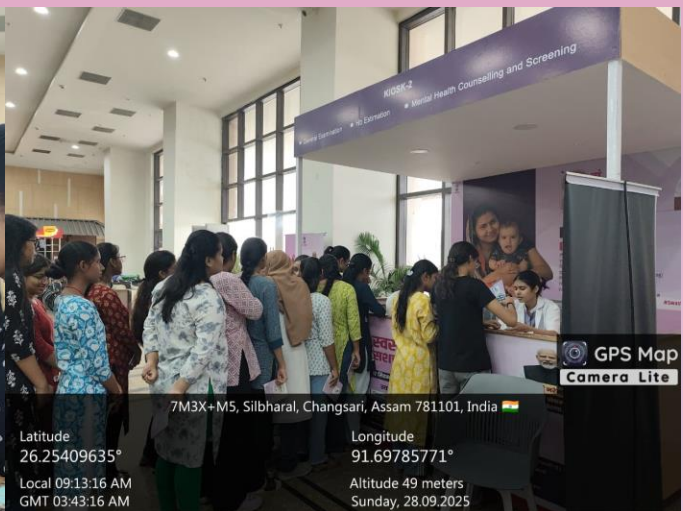
## Activities conducted on Day 12: 28<sup>th</sup> September 2025

### Female Nursing Students Screening

Health screening for **female nursing students** was conducted at **AIIMS Guwahati OPD** by the **Nursing Department**, coordinated by Ms. Nabanika. Nursing officers and students provided preventive assessments, health education, and counselling focusing on nutrition, lifestyle, and occupational wellness for the students.



7M3X+M5, Silbharal, Changsari, Assam 781101, India  
Latitude 26.25408556° Longitude 91.69785473°  
Local 09:13:30 AM Altitude 49 meters  
GMT 03:43:30 AM Sunday, 28.09.2025



7M3X+M5, Silbharal, Changsari, Assam 781101, India  
Latitude 26.25409635° Longitude 91.69785771°  
Local 09:13:16 AM Altitude 49 meters  
GMT 03:43:16 AM Sunday, 28.09.2025



7M3X+M5, Silbharal, Changsari, Assam 781101, India  
Latitude 26.2541378° Longitude 91.69783825°  
Local 09:11:28 AM Altitude 49 meters  
GMT 03:41:28 AM Sunday, 28.09.2025



7M3X+M5, Silbharal, Changsari, Assam 781101, India  
Latitude 26.2541178° Longitude 91.6978528°  
Local 09:10:50 AM Altitude 49 meters  
GMT 03:40:50 AM Sunday, 28.09.2025



## Activities conducted on Day 13: 29<sup>th</sup> September 2025

### Nikshay Mitra Enrollment Drive

**Nikshay Mitra enrollment drive was organised at AIIMS Guwahati OPD.**

Conducted by **Pulmonary Medicine, and CFM teams**, participants received preventive care, TB awareness, and counselling, while eligible individuals were enrolled under the Nikshay Mitra program to facilitate comprehensive tuberculosis care. The event was graced by the presence of **District Tuberculosis Officer Mr. Rajib Borbora**. Ration packets were distributed to TB patients under the drive.





## Activities conducted on Day 14: 30<sup>th</sup> September 2025

### Health Camp & OPD Screening

A community-focused **OPD health screening and health camp** was conducted at **Changsari State Dispensary** by **General Medicine, Ophthalmology and OBG teams**. Participants received preventive check-ups, counselling, and education on eye care and general health, promoting awareness, early detection, and referral services in the rural community.

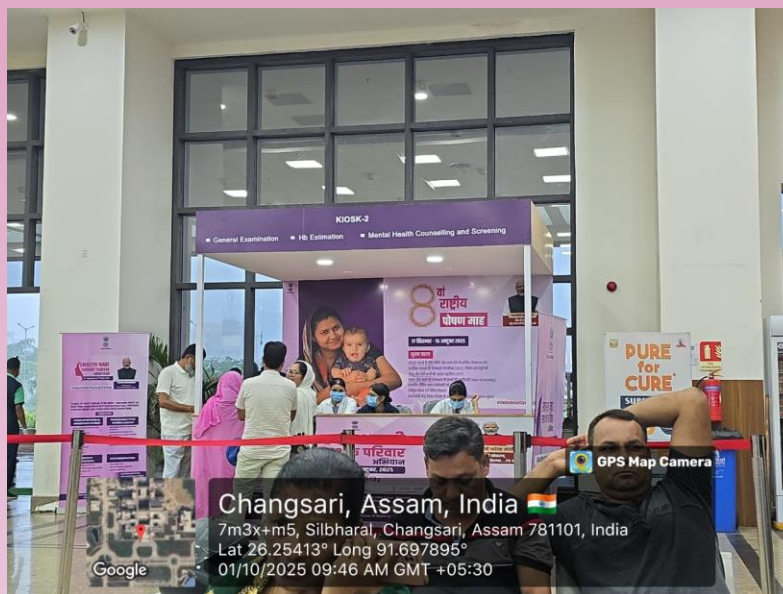




## Activities conducted on Day 15: 1<sup>st</sup> October 2025

### Health Screening

Health screening was conducted at **AIIMS Guwahati OPD** by the **Nursing Department**, including preventive check-ups, counselling, and health education for staff and community members visiting the hospital.



## Activities conducted on Day 16: 2<sup>nd</sup> October 2025

### UG Students Health Screening

Health screening for **undergraduate students** was conducted at **AIIMS Guwahati OPD** by the **Nursing Department**, coordinated by Ms. Kalpana Thakur. Students received preventive assessments, counselling, and health education, promoting awareness of healthy lifestyle practices and early detection of common health issues.



# Total Footfall

Camp Date	Footfall Male	Footfall Female	Total Footfall
17/09/25	305	276	581
18/09/25	452	514	966
19/09/25	405	358	763
20/09/25	109	144	253
21/09/25	215	130	345
22/09/25	485	593	1078
23/09/25	322	357	679
24/09/25	401	381	782
25/09/25	465	615	1080
26/09/25	399	455	854
27/09/25	179	85	264
28/09/25	14	343	357
29/09/25	451	596	1047
30/09/25	157	313	470
01/10/25	207	179	386
02/10/25	74	48	122
<b>TOTAL</b>	<b>4,640</b>	<b>5,387</b>	<b>10,027</b>



# Media Coverage

**এইম্ছ গুৱাহাটীৰ 'স্বাস্থ্য নারী, সশক্ত পরিবার অভিযান' আৰম্ভ**

## অক্টোবৰলৈকে স্বাস্থ্য পৰীক্ষা-সজাগতা সেৱা



গুৱাহাটী, ১৮ ছেপ্টেম্বৰঃ এইম্ছ গুৱাহাটীত কালি কেন্দ্ৰীয় চৰকাৰৰ এটা উদ্যোগত পদক্ষেপ 'স্বাস্থ্য নারী, সশক্ত পরিবার অভিযান'ৰ অধীনত সজাগতা অধিবেশন আৰু স্বাস্থ্য শিবিৰৰ শুভাৰম্ভ কৰা হয়। কালি প্ৰধানমন্ত্ৰী নৱেন্দ্ৰ মোদীয়ে অষ্টম পোষাণ মাহৰ সৈতে সংগতি ৰাখি আৰম্ভ কৰা এই অভিযান সমগ্ৰ ভাৰতবৰ্ষৰ মহিলা, কিশোৰী আৰু শিশুসকলৰ স্বাস্থ্যসেৱা তথা পুষ্টি লাভ কৰাটো নিশ্চিত তথা শক্তিশালী কৰাৰ দিশত ঐতিহাসিক পদক্ষেপ হিচাপে চিহ্নিত হৈছে। ২০২৫ চনৰ ২ অক্টোবৰলৈকে চলিবলগীয়া এই অভিযানে বিনামূলীয়া স্বাস্থ্যসেৱা সেৱা প্ৰদান কৰি স্বাস্থ্যজনিত বিষয়সমূহৰ বিষয়ে সজাগতা সৃষ্টি কৰিব। এই পদক্ষেপৰ জৰিয়তে মহিলা আৰু পৰিয়ালসমূহক অধিক সবলীকৰণৰ চেষ্টা কৰিছে। এইম্ছ গুৱাহাটীত অনুষ্ঠিত উদ্বোধনী অনুষ্ঠানত সাংসদ দিলীপ শইকীয়াই ২০৪৭ চনৰ ভিতৰত বিকশিত ভাৰতৰ লক্ষ্য প্ৰাপ্তিৰ ক্ষেত্ৰত চৰকাৰৰ দৃষ্টিভঙ্গীৰ কথা পুনৰ দৃঢ়তাৰে উল্লেখ কৰে। তেওঁ এল পি জি বিতৰণ আৰু চৰকাৰে মহিলাৰ বাবে ৫০ কোটিৰো অধিক বেংক একাউন্ট মুকলি কৰাৰ দৰে পদক্ষেপৰ বিষয়েও কয়। অনুষ্ঠানটোত এইম্ছ গুৱাহাটীৰ কাৰ্যবাহী সঞ্চালক অধ্যাপক ডাঃ অশোক পুৰানিক উল্লেখ কৰে যে এই কাৰ্যসূচীৰ অধীনত সম্প্ৰদায় পৰ্যায়ত স্বাস্থ্য সজাগতা শক্তিশালী কৰাৰ লগতে বিনামূলীয়া নিদান পৰীক্ষা, ঔষধ আৰু প্ৰতিৰোধমূলক যন্ত্ৰৰ ব্যৱস্থা কৰা হৈছে। এই পদক্ষেপৰ অংশ হিচাপে এইম্ছ গুৱাহাটীয়ে বক্তৃতা অনুষ্ঠান, বিদ্যালয়-মহাবিদ্যালয় আৰু সমূহীয়া কেন্দ্ৰত স্বাস্থ্য পৰীক্ষা, পুষ্টি, মহিলাৰ কৰ্কট ৰোগ, মানসিক স্বাস্থ্য আৰু ক্ষতবিক্ষতৰ সময়ত গ্ৰহণ কৰিবলগীয়া পৰিষ্কাৰ-পৰিচ্ছন্নতাৰ বিষয়ে সজাগতা কাৰ্যসূচী গ্ৰহণ কৰিব। উল্লেখ্য যে যক্ষ্মা ৰোগীক সহায় আগবঢ়াবলৈ নিকশয় মিত্ৰ পঞ্জীয়ন অভিযানো আৰম্ভ কৰা হৈছে। মহিলাসকলে ইয়াৰ চৌহদত থকা এটা নিৰ্দিষ্ট কক্ষত ২০২৫ চনৰ ২ অক্টোবৰলৈকে বিনামূলীয়া সেৱাৰ লগতে বক্তৃতা, ডায়েবেটিছ, উচ্চ ৰক্তচাপ, বড়ী মাহ কম্পোজিচন, পেপনিয়ৰ আদি পৰীক্ষণৰ লগতে স্বাস্থ্য শিক্ষা আদিৰ সুবিধা লাভ কৰিব পাৰিব। বিনামূলীয়া স্বাস্থ্যসেৱাসমূহৰ জৰিয়তে এখন সুস্থ আৰু সবল দেশ গঢ়াত অৰিহণা যোগাবলৈ সমাজৰ সকলো শ্ৰেণীৰ মহিলাসকলক অংশগ্ৰহণ কৰিবলৈ এইম্ছ গুৱাহাটীয়ে আমন্ত্ৰণ জনায়।

## AIIMS opens awareness sessions on women's health

STAFF REPORTER

**GUWAHATI, Sept 18:** AIIMS Guwahati today inaugurated a series of awareness sessions and health camps under the Government of India's flagship initiative 'Swasth Nari, Sashakt Parivar Abhiyan'. The campaign, launched nationally by Prime Minister Narendra Modi alongside the 8th Poshan Maah, marks a significant step towards strengthening healthcare and nutrition services for women, adolescent girls, and children across India. The initiative will continue till October 2, 2025.

The inaugural ceremony at AIIMS Guwahati was graced by Dilip Saikia, Member of Parliament, who highlighted the Government's vision of achieving a Viksit Bharat by 2047. Stressing that women's health is the cornerstone of family and national well-being, he pointed to major welfare measures such as LPG distribution and the opening of over 50 crore bank accounts for women.

Prof. (Dr.) Ashok Puranik, Executive Director of AIIMS Guwahati, said the programme is designed to provide free diagnostic tests, medicines, preventive care, and health awareness at the community level. As part of the campaign, AIIMS Guwahati will organize a blood donation drive, conduct health check-ups in schools, colleges, and community centres, and host awareness programmes on nutrition, female cancers, mental health, and menstrual hygiene. A Nikshay Mitra enrolment drive has also been launched to extend support to TB patients.

Women will be able to access free services and screenings—including anaemia, diabetes, hypertension, body mass composition, Pap smears, and health education—at a dedicated kiosk on the AIIMS Guwahati campus until October 2, 2025.

## Health camps under Central initiative under way at AIIMS

**STAFF REPORTER**

**GUWAHATI, Sept 18:** A series of awareness sessions and health camps under the Government of India's flagship initiative 'Swasth Nari, Sashakt Parivar Abhiyan' was inaugurated at AIIMS Guwahati on September 17.

The campaign which was launched on Wednesday by Prime Minister Narendra Modi along with the eighth 'Poshan Maah', marks a historic step towards strengthening healthcare and nutrition services for women, adolescent girls, and children across India.

The campaign, which will continue till October 2, 2025, further seeks to empower women and families by providing free healthcare services and raising awareness on crucial health issues. The inaugural ceremony at AIIMS Guwahati was attended by MP Dilip Saikia, who reaffirmed the government's vision of achieving a Viksit Bharat by 2047. He underlined that women's health is a cornerstone of family and national well-being, stressing that healthy families form the foundation of a strong nation.

He spoke about key initiatives such as LPG distribution and the opening of over 50 crore bank accounts for women by the Government.

AIIMS Guwahati executive director Prof. (Dr.) Ashok Puranik said that the programme is designed to offer free diagnostic tests, medicines and preventive care along with strengthening health awareness at the community level.

AIIMS Guwahati will also hold a blood donation drive, conduct health check-ups in schools, colleges, and community centres, and carry out awareness programmes on nutrition, female cancers, mental health, and menstrual hygiene. A 'Nikshay Mitra' enrolment drive has also been launched to extend support to TB patients.

Women can avail free services and screening of anaemia, diabetes, hypertension, body mass composition, pap smear, health education, etc., till October 2, 2025 at a dedicated kiosk at its premises.





# Media Coverage

## AIIMS Guwahati Launches 'Swasth Nari, Sashakt Parivar Abhiyan' to Strengthen Women's Health and Nutrition

By NE India Broadcast  
Sep 17, 2025 AIIMS, Guwahati



AIIMS Guwahati today inaugurated a series of awareness sessions and health camps under the Government of India's flagship initiative 'Swasth Nari, Sashakt Parivar Abhiyan'.

The campaign which was launched today by Prime Minister Narendra Modi along with the 8th Poshan Maah, marks a historic step towards strengthening healthcare and nutrition services for women, adolescent girls, and children across India.

The campaign, which will continue till 2nd October 2025, further seeks to empower women and families by providing free healthcare services and raising awareness on crucial health issues.

The inaugural ceremony at AIIMS Guwahati was attended by Dilip Saikia, Member of Parliament, who reaffirmed the Government's vision of achieving a Viksit Bharat by 2047. He underlined that women's health is a cornerstone of family and national well-being, stressing that healthy families form the foundation of a strong nation. He spoke about key initiatives such as LPG distribution and the opening of over 50 crore bank accounts for women by the Government. Prof. (Dr.) Ashok Puranik, Executive Director of AIIMS Guwahati, stated that the programme is designed to offer free diagnostic tests, medicines and preventive care along with strengthening health awareness at the community level.

As part of the initiative, AIIMS Guwahati will hold a blood donation drive, conduct health check-ups in schools, colleges, and community centres, and carry out awareness programmes on nutrition, female cancers, mental health, and menstrual hygiene.

A Nikshay Mitra enrolment drive has also been launched to extend support to TB patients. Women can avail free services and screening of Anemia, Diabetes, Hypertension, Body Mass composition, Pap Smear, Health Education etc. till 2nd October 2025 at a dedicated kiosk in its premises. AIIMS Guwahati invites the participation of women from all sections of society to avail these free healthcare services and contribute to building a healthier and stronger nation.

PIB in Assam  
@PIB\_Guwahati

. @AIIMS\_Guwahati is hosting multiple awareness programmes under the #SwasthNariSashaktParivar Abhiyan, an initiative by @MoHFW\_INDIA and @MinistryWCD. The campaign focuses on preventive healthcare and better access to essential medical services, aiming to strengthen families through women's well-being.

AIIMS Guwahati invites women from all the communities to be a part of the upcoming programmes, avail free health services, and support this movement for a healthier future!

Don't forget to carry your Aadhar Card for ABHA registration.

@PMOIndia @PIB\_India @MIB\_India @nhm\_assam  
#SwasthNariSashaktParivarAbhiyan

**AIIMS Guwahati to hold multiple Awareness programme under Swasth Nari Sashakt Parivar Abhiyan**  
17th Sept to 2nd Oct 2025

- 18 Sep: Blood donation camp at AIIMS Guwahati
- 19 Sep: Awareness programme on nutrition and female cancers at Community Health Center (CHC), Barama
- 20 Sep: Awareness programme on nutrition and female cancers at Kharikat Ayushman Arogya Mandir
- 21 Sep: Awareness session on Mental health and menstrual hygiene for students in Kendriya Vidyalaya, ST Guwahati
- 22 Sep: Awareness programme on nutrition and female cancers at Solman Ayushman Arogya Mandir
- 23 Sep: Awareness programme on mental health at Barmahal Mahadevdeviya
- 24 Sep: Health Camp at CHC, Bonga
- 25 Sep: Oral and ENT Health Check-up at Kamrup Model Hospital
- 26 Sep: Health Camp at Barama Girls High School
- 27 Sep: Nikshay Mitra enrolment Drive at AIIMS Guwahati

From 17th September to 02nd October  
Kiosks screening of Anemia, Diabetes, Hypertension, Body Mass composition, Pap Smear, Health Education at AIIMS Guwahati

6:35 PM · Sep 17, 2025 · 137 Views



Ministry of Health and Family Welfare

## AIIMS Guwahati Launches 'Swasth Nari, Sashakt Parivar Abhiyan' to Strengthen Women's Health and Nutrition

Free Health Screenings and Awareness Services for Women Available at AIIMS Guwahati till 2nd October 2025

Posted On: 17 SEP 2025 5:35PM by PIB Guwahati

AIIMS Guwahati today inaugurated a series of awareness sessions and health camps under the Government of India's flagship initiative 'Swasth Nari, Sashakt Parivar Abhiyan'. The campaign which was launched today by Prime Minister Shri Narendra Modi along with the 8<sup>th</sup> Poshan Maah, marks a historic step towards strengthening healthcare and nutrition services for women, adolescent girls, and children across India. The campaign, which will continue till 2nd October 2025, further seeks to empower women and families by providing free healthcare services and raising awareness on crucial health issues.

The inaugural ceremony at AIIMS Guwahati was attended by Shri Dilip Saikia, Member of Parliament, who reaffirmed the Government's vision of achieving a Viksit Bharat by 2047. He underlined that women's health is a cornerstone of family and national well-being, stressing that healthy families form the foundation of a strong nation. He spoke about key initiatives such as LPG distribution and the opening of over 50 crore bank accounts for women by the Government. Prof. (Dr.) Ashok Puranik, Executive Director of AIIMS Guwahati, stated that the programme is designed to offer free diagnostic tests, medicines and preventive care along with strengthening health awareness at the community level.

As part of the initiative, AIIMS Guwahati will hold a blood donation drive, conduct health check-ups in schools, colleges, and community centres, and carry out awareness programmes on nutrition, female cancers, mental health, and menstrual hygiene. A Nikshay Mitra enrolment drive has also been launched to extend support to TB patients. Women can avail free services and screening of Anemia, Diabetes, Hypertension, Body Mass composition, Pap Smear, Health Education etc. till 2<sup>nd</sup> October 2025 at a dedicated kiosk in its premises. AIIMS Guwahati invites the participation of women from all sections of society to avail these free healthcare services and contribute to building a healthier and stronger nation.

# Conclusion

The **Swasth Nari, Sashakt Parivar Abhiyaan** at **AIIMS Guwahati** successfully showcased a **multi-departmental approach** to community health outreach, engaging a wide range of services across preventive, promotive, and curative domains. The programme included OPD and kiosk-based health screenings, **gynaecological cancer and menstrual health awareness for adolescent girls**, nutrition awareness under **Poshan Maah**, mental health and wellness initiatives, eye and dental check-ups, and **blood donation camps**.

Key highlights of the initiative included:

- **Early health screening and preventive care** for women, children, and community members.
- **Women empowerment through health education**, including awareness on gynaecological cancers, menstrual hygiene, and adolescent health.
- **Holistic healthcare integration** through pediatrics, OBG, ENT, dentistry, psychiatry, transfusion medicine, and wellness interventions including yoga training.
- **Community engagement** through school-based camps, interactive workshops, and voluntary blood donation drives.

**Prof. (Dr.) Ashok Puranik, Executive Director**, emphasized that empowered women and informed communities are central to building a healthier society, reaffirming **AIIMS Guwahati's commitment** to advancing healthcare, preventive education, and opportunities for women and families in Assam and neighbouring regions.